

# THE MINISTRY OF SPIRITUAL DIRECTION

WWW.MINISTRYOFSPIRITUALDIRECTION.ORG

The Center for Spiritual Formation offers a two-year online Spiritual Direction training for pastoral leaders and laypersons.

Spiritual Direction is companionship given by one Christian to another which enables that person to listen for the direction of the Holy Spirit as a person opens his/her life to God's presence; to respond to God's guidance; to grow in intimacy with God; and to live out the beauty of the relationship. The program is intended to assist those who participate in sharpening listening skills, bring clarity to areas of giftedness, and acquire the tools and practices essential to caring for souls in love.

**YEAR ONE** focuses on the history, traditions and models, Biblical roots and theological foundations of Spiritual Direction. It highlights the differences between psychological counseling and Spiritual Direction and demonstrates a contemplative approach to God.

**YEAR TWO** focuses on the actual practice of Spiritual Direction: developing listening and assessment skills; becoming familiar with displacement and projection, transference and counter-transference; acquiring a working knowledge of the life-stages of faith development; cultivating an increased awareness of the power of prayer and healing; and learning the importance of supervision.



## The Ministry of Spiritual Direction Program creates space for those participating to:

- Gain or deepen one's understanding, sensitivity, and insight into the workings of the Holy Spirit.
- Create awareness of the need for an ever-growing connection between the inner life of the Spirit and the outer life of faithfulness to the Spirit's direction.
- Facilitate a deepening prayer life and a greater contentment with silence and solitude.
- Equip those participating to deal with strong emotions and maintain relationships over time.

## 2022-2023 Calendar

Fridays from 6:30 to 8:30 pm, EST

Saturdays from 8:15 am to 3:00 pm, EST

September 9-10, 2022	March 10-11, 2023
October 7-8, 2022	April 14-15, 2023
November 11-12, 2022	May 12-13, 2023
December 9-10, 2022	June 9-10, 2023
January 12-14, 2023	July 7-8, 2023
February 10-11, 2023	August 11-12, 2023

## Program Cost

- \$50 non-refundable application fee
- \$1,600 per year, payable quarterly

Applications accepted May 1 — August 15, 2022.